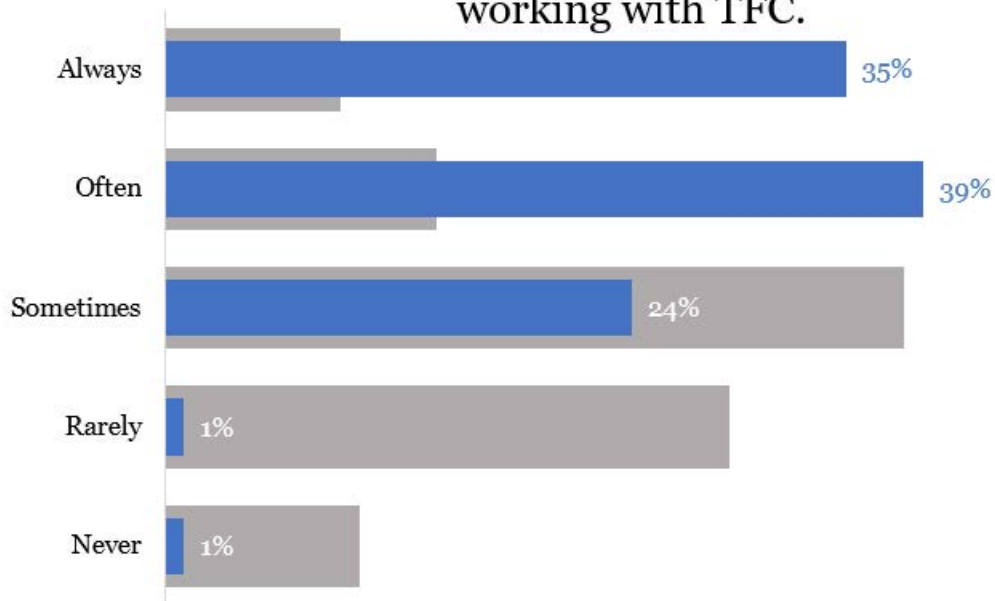"I know how to reach my goals", before and after working with TFC.

- Always — 35%
- Often — 39%
- Sometimes — 24%
- Rarely — 1%
- Never — 1%

(N=154)